

Effects of afternoon "siesta" naps on sleep, alertness, performance, and circadian rhythms in the elderly

Monk TH, Buysse DJ, Carrier J, Billy BD, Rose LR.

Sleep

2001; 24(6):680-687

ARTICLE IDENTIFIERS

DOI: unavailable

PMID: 11560181

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 79642696

pISSN: 0161-8105

eISSN: 1550-9109

OCLC ID: 04024329

CONS ID: sn 78002181

US National Library of Medicine ID: 7809084

This article was identified from a query of the SafetyLit database.