

Effects of pilates exercises on postural balance and reduced risk of falls in older adults: a systematic review and meta-analysis

de Campos Júnior JF, de Oliveira LC, Dos Reis AL, de Almeida LIM, Branco LV, de Oliveira RG.

Complementary therapies in clinical practice

2024; 57:e101888

ARTICLE IDENTIFIERS

DOI: 10.1016/j.ctcp.2024.101888

PMID: 39068875

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2005243420

pISSN: 1744-3881

eISSN: 1873-6947

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: 101225531

This article was identified from a query of the SafetyLit database.