

## **Circadian-informed lighting improves vigilance, sleep, and subjective sleepiness during simulated night shift work**

Scott H, Guyett A, Manners J, Stuart N, Kemps E, Toson B, Lovato N, Vakulin A, Lack L, Banks S, Dorrian J, Adams R, Eckert DJ, Catcheside P.

Sleep

2024; ePub(ePub):ePub

### **ARTICLE IDENTIFIERS**

DOI: 10.1093/sleep/zsae173

PMID: 39078935

PMCID: not available

### **JOURNAL IDENTIFIERS**

LCCN: 79642696

pISSN: 0161-8105

eISSN: 1550-9109

OCLC ID: 04024329

CONS ID: sn 78002181

US National Library of Medicine ID: 7809084

This article was identified from a query of the SafetyLit database.