

# **Why we need scary play: monster movies and haunted houses are safe spaces that let us practice coping skills for disturbing real-world challenges**

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Scientific American

2023; 329(4):e72

## **ARTICLE IDENTIFIERS**

DOI: 10.1038/scientificamerican1123-72

PMID: 39017414

PMCID: not available

## **JOURNAL IDENTIFIERS**

LCCN: 04017574

pISSN: 0036-8733

eISSN: not available

OCLC ID: 01775222

CONS ID: not available

US National Library of Medicine ID: 0404400

This article was identified from a query of the SafetyLit database.