

The effect of movement therapy with progressive muscle relaxation on the depression rate of patients admitted to the psychiatric ward of Moradi Rafsanjan Educational and Medical Center in 2021

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Journal of medicine and life

2023; 16(1):129-134

ARTICLE IDENTIFIERS

DOI: 10.25122/jml-2021-0436

PMID: 36873116

PMCID: PMC9979173

JOURNAL IDENTIFIERS

LCCN: 2009243691

pISSN: 1844-122X

eISSN: 1844-3117

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: 101477617

This article was identified from a query of the SafetyLit database.