

Unlocking cognitive potential: association of sarcopenia and mediterranean diet on cognitive function in community-dwelling elderly of the Dalmatian region

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Nutrients

2024; 16(7):e991

ARTICLE IDENTIFIERS

DOI: 10.3390/nu16070991

PMID: 38613024

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2010243483

pISSN: not available

eISSN: 2072-6643

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: 101521595

This article was identified from a query of the SafetyLit database.