

Reduced anxiety and depression and improved mood in older adults living in care homes after participating in chair yoga

Frampton K, Oppedijk L, Hadley R, Annett LE.

Journal of applied gerontology

2024; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1177/07334648241241298

PMID: 38522958

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 0733-4648

eISSN: 1552-4523

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: 8606502

This article was identified from a query of the SafetyLit database.