

**Overview of the impact of sleep monitoring on optimal performance, immune system function and injury risk reduction in athletes: a narrative review**

Nobari H, Banihashemi M, Saedmocheshi S, Prieto-González P, Oliveira R.

Science progress

2023; 106(4):e368504231206265

**ARTICLE IDENTIFIERS**

DOI: 10.1177/00368504231206265

PMID: 37990537

PMCID: not available

**JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 0036-8504

eISSN: 2047-7163

OCLC ID: 04295306

CONS ID: not available

US National Library of Medicine ID: 0411361

This article was identified from a query of the SafetyLit database.