

Impact of adapted taekwondo vs. multicomponent training on health status in independent older women: a randomized controlled trial

Valdés-Badilla P, Guzman-Muñoz E, Herrera-Valenzuela T, Branco BHM, Hernandez-Martinez J, Nobari H.

Frontiers in public health

2023; 11:e1236402

ARTICLE IDENTIFIERS

DOI: 10.3389/fpubh.2023.1236402

PMID: 37886049

PMCID: PMC10598459

JOURNAL IDENTIFIERS

LCCN: 2013243568

pISSN: not available

eISSN: 2296-2565

OCLC ID: 857117304

CONS ID: not available

US National Library of Medicine ID: 101616579

This article was identified from a query of the SafetyLit database.