

## **A randomized controlled trial of surf and hike therapy for U.S. active duty service members with major depressive disorder**

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BMC psychiatry

2023; 23(1):e109

### **ARTICLE IDENTIFIERS**

DOI: 10.1186/s12888-022-04452-7

PMID: 36805672

PMCID: not available

### **JOURNAL IDENTIFIERS**

LCCN: 2001227314

pISSN: not available

eISSN: 1471-244X

OCLC ID: 47666338

CONS ID: not available

US National Library of Medicine ID: 100968559

This article was identified from a query of the SafetyLit database.