

The effectiveness of self-kindness training on emotional dysregulation and academic burnout of girl students with self-harming behavior

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Quarterly journal of psychological studies

2021; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.22051/psy.2021.31329.2230

PMID: unavailable

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 2538-2942

eISSN: 2538-2950

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.