

## **Effects of HIIT and MIIT suspension training programs on sleep quality and fatigue in older adults: randomized controlled clinical trial**

Jiménez-García JD, Hita-Contreras F, de la Torre-Cruz MJ, Aibar-Almazán A, Achalandabaso-Ochoa A, Fábrega-Cuadros R, Martínez-Amat A.

International journal of environmental research and public health

2021; 18(3):e1211

### **ARTICLE IDENTIFIERS**

DOI: 10.3390/ijerph18031211

PMID: unavailable

PMCID: not available

### **JOURNAL IDENTIFIERS**

LCCN: 2005243248

pISSN: 1661-7827

eISSN: 1660-4601

OCLC ID: 57519745

CONS ID: not available

US National Library of Medicine ID: 101238455

This article was identified from a query of the SafetyLit database.