

**Mindfulness, anxiety, and perceived stress in university students:  
comparing a mindfulness-based intervention (MBI) against active and  
traditional control conditions**

Dark-Freudeman A, Jones C, Terry C.

Journal of American college health

2021; ePub(ePub):ePub

**ARTICLE IDENTIFIERS**

DOI: 10.1080/07448481.2020.1845180

PMID: unavailable

PMCID: not available

**JOURNAL IDENTIFIERS**

LCCN: 82646518

pISSN: 0744-8481

eISSN: 1940-3208

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.