

Effectiveness of providing university students with a mindfulness-based intervention to increase resilience to stress: 1-year follow-up of a pragmatic randomised controlled trial

Galante J, Stochl J, Dufour G, Vainre M, Wagner AP, Jones PB.

Journal of epidemiology and community health

2020; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1136/jech-2020-214390

PMID: 32913130

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 0143-005X

eISSN: 1470-2738

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.