

A comparative study of the effects of yoga and clinical Pilates training on walking, cognition, respiratory functions, and quality of life in persons with multiple sclerosis: a quasi-experimental study

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Explore (NY)

2020; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1016/j.explore.2020.07.013

PMID: 32855074

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2004215412

pISSN: 1550-8307

eISSN: 1878-7541

OCLC ID: 55647196

CONS ID: not available

US National Library of Medicine ID: 101233160

This article was identified from a query of the SafetyLit database.