

## **Treating taboo or forbidden thoughts: integrating mindfulness, acceptance, and emotion regulation into an exposure-based intervention**

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Journal of cognitive psychotherapy

2019; 33(3):196-212

### **ARTICLE IDENTIFIERS**

DOI: 10.1891/0889-8391.33.3.196

PMID: 32746427

PMCID: not available

### **JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 0889-8391

eISSN: 1938-887X

OCLC ID: 14091508

CONS ID: not available

US National Library of Medicine ID: 8806397

This article was identified from a query of the SafetyLit database.