

**Cycling but not walking to work or study is associated with physical fitness, body composition and clustered cardiometabolic risk in young men**

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BMJ open sport and exercise medicine

2020; 6(1):e000668

**ARTICLE IDENTIFIERS**

DOI: 10.1136/bmjsem-2019-000668

PMID: 32153983

PMCID: PMC7047505

**JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 2055-7647

eISSN: not available

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.