

Mindfulness-based resilience training for aggression, stress and health in law enforcement officers: study protocol for a multisite, randomized, single-blind clinical feasibility trial

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Trials

2020; 21(1):e236

ARTICLE IDENTIFIERS

DOI: 10.1186/s13063-020-4165-y

PMID: 32111233

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2006243052

pISSN: not available

eISSN: 1745-6215

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: 101263253

This article was identified from a query of the SafetyLit database.