

Sleep-impaired emotional regulation, impaired cognition, and poor sleep health are associated with risky sleepy driving in young adults

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Traffic injury prevention

2020; 21(2):133-138

ARTICLE IDENTIFIERS

DOI: 10.1080/15389588.2019.1710499

PMID: 32091936

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2002212614

pISSN: 1538-9588

eISSN: 1538-957X

OCLC ID: 49192340

CONS ID: not available

US National Library of Medicine ID: 101144385

This article was identified from a query of the SafetyLit database.