

Relationship of childhood maltreatment, exercise, and emotion regulation to self-esteem, PTSD, and depression symptoms among college students

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Journal of American college health

2020; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1080/07448481.2019.1705837

PMID: 31944906

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 82646518

pISSN: 0744-8481

eISSN: 1940-3208

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.