

Who benefits from mindfulness? The moderating role of personality and social norms for the effectiveness on psychological and physiological outcomes among police officers

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Journal of occupational health psychology

2019; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1037/ocp0000159

PMID: 31219270

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 1076-8998

eISSN: 1939-1307

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.