

Relation between psychological restorativeness and lifestyle, quality of life, resilience, and stress-coping in forest settings

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International journal of environmental research and public health

2019; 16(8):e16081456

ARTICLE IDENTIFIERS

DOI: 10.3390/ijerph16081456

PMID: 31022942

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2005243248

pISSN: 1661-7827

eISSN: 1660-4601

OCLC ID: 57519745

CONS ID: not available

US National Library of Medicine ID: 101238455

This article was identified from a query of the SafetyLit database.