

**Pilot evaluation of the feasibility and acceptability of StressOFF Strategies:
a single-session school-based stress management program for adolescents**

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Advances in school mental health promotion

2016; 9(1):12-28

ARTICLE IDENTIFIERS

DOI: 10.1080/1754730X.2015.1110494

PMID: unavailable

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2009264064

pISSN: 1754-730X

eISSN: 2049-8535

OCLC ID: 230992195

CONS ID: not available

US National Library of Medicine ID: 101522515

This article was identified from a query of the SafetyLit database.