

Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis

Lederman O, Ward PB, Firth J, Maloney C, Carney R, Vancampfort D, Stubbs B, Kalucy M, Rosenbaum S.

Journal of psychiatric research

2018; 109:96-106

ARTICLE IDENTIFIERS

DOI: 10.1016/j.jpsychires.2018.11.004

PMID: 30513490

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 17054759

pISSN: 0022-3956

eISSN: 1879-1379

OCLC ID: 01754759

CONS ID: not available

US National Library of Medicine ID: 0376331

This article was identified from a query of the SafetyLit database.