

Mind-wandering and mindfulness as mediators of the relationship between online vigilance and well-being

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Cyberpsychology, behavior and social networking

2018; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1089/cyber.2018.0373

PMID: 30499683

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2009208160

pISSN: 2152-2715

eISSN: 2152-2723

OCLC ID: 477405630

CONS ID: not available

US National Library of Medicine ID: 101528721

This article was identified from a query of the SafetyLit database.