

Sprint interval training (SIT) substantially reduces depressive symptoms in major depressive disorder (MDD): a randomized controlled trial

Minghetti A, Faude O, Hanssen H, Zahner L, Gerber M, Donath L.

Psychiatry research

2018; 265:292-297

ARTICLE IDENTIFIERS

DOI: 10.1016/j.psychres.2018.04.053

PMID: 29775886

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 0165-1781

eISSN: 1872-7123

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.