

Mindfulness-based Baduanjin exercise for depression and anxiety in people with physical or mental illnesses: a systematic review and meta-analysis

Zou L, Yeung A, Quan X, Hui SS, Hu X, Chan JSM, Wang C, Boyden SD, Sun L, Wang H.

International journal of environmental research and public health

2018; 15(2):e15020321

ARTICLE IDENTIFIERS

DOI: 10.3390/ijerph15020321

PMID: 29439556

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2005243248

pISSN: 1661-7827

eISSN: 1660-4601

OCLC ID: 57519745

CONS ID: not available

US National Library of Medicine ID: 101238455

This article was identified from a query of the SafetyLit database.