

# **The impact of pre-sleep arousal state and strategy to control unwanted thoughts on sleep quality**

Šapková K, Vaculík M, Ellis J, Šípula M.

Anxiety, stress, and coping

2018; 31(3):338-347

## **ARTICLE IDENTIFIERS**

DOI: 10.1080/10615806.2017.1421843

PMID: 29295628

PMCID: not available

## **JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 1061-5806

eISSN: 1477-2205

OCLC ID: 25364505

CONS ID: not available

US National Library of Medicine ID: 9212242

This article was identified from a query of the SafetyLit database.