

**One session of high-intensity interval training (HIIT) every 5 days, improves muscle power but not static balance in lifelong sedentary ageing men: a randomized controlled trial**

Sculthorpe NF, Herbert P, Grace F.

Medicine (Baltimore)

2017; 96(6):e6040

**ARTICLE IDENTIFIERS**

DOI: 10.1097/MD.00000000000006040

PMID: 28178145

PMCID: not available

**JOURNAL IDENTIFIERS**

LCCN: 32003850

pISSN: 0025-7974

eISSN: 1536-5964

OCLC ID: 01716220

CONS ID: not available

US National Library of Medicine ID: 2985248R

This article was identified from a query of the SafetyLit database.