

## **Fingerboard in competitive bouldering: training effects on grip strength and endurance**

Medernach JP, Kleinöder H, Lötzerich HH.  
Journal of strength and conditioning research  
2015; 29(8):2286-2295

### **ARTICLE IDENTIFIERS**

DOI: 10.1519/JSC.0000000000000873  
PMID: 26203738  
PMCID: not available

### **JOURNAL IDENTIFIERS**

LCCN: 94664011  
pISSN: 1064-8011  
eISSN: 1533-4287  
OCLC ID: 26407413  
CONS ID: sn 92003466  
US National Library of Medicine ID: 9415084

This article was identified from a query of the SafetyLit database.