

Exercise-based performance enhancement and injury prevention for firefighters: Contrasting the fitness- and movement-related adaptations to two training methodologies

Frost DM, Beach TA, Callaghan JP, McGill SM.

Journal of strength and conditioning research

2015; 29(9):2441-2459

ARTICLE IDENTIFIERS

DOI: 10.1519/JSC.0000000000000923

PMID: 25763518

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 94664011

pISSN: 1064-8011

eISSN: 1533-4287

OCLC ID: 26407413

CONS ID: sn 92003466

US National Library of Medicine ID: 9415084

This article was identified from a query of the SafetyLit database.