

The effect of Pilates based exercise on mobility, postural stability, and balance in order to decrease fall risk in older adults

Pata RW, Lord K, Lamb J.

Journal of bodywork and movement therapies

2014; 18(3):361-367

ARTICLE IDENTIFIERS

DOI: 10.1016/j.jbmt.2013.11.002

PMID: 25042305

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 1360-8592

eISSN: 1532-9283

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.