

Bedtime procrastination: a self-regulation perspective on sleep insufficiency in the general population

Kroese FM, Evers C, Adriaanse MA, de Ridder DT.

Journal of health psychology

2014; 21(5):853-862

ARTICLE IDENTIFIERS

DOI: 10.1177/1359105314540014

PMID: 24997168

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 1359-1053

eISSN: 1461-7277

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.