

**Positive long-term effects of pilates exercise on the age-related decline in balance and strength in older, community-dwelling men and women**

Bird ML, Fell JC.

Journal of aging and physical activity

2014; 22(3):342-347

**ARTICLE IDENTIFIERS**

DOI: 10.1123/JAPA.2013-0006

PMID: 24948673

PMCID: not available

**JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 1063-8652

eISSN: 1543-267X

OCLC ID: 26150256

CONS ID: not available

US National Library of Medicine ID: 9415639

This article was identified from a query of the SafetyLit database.