

A 12-week Iyengar yoga program improved balance and mobility in older community-dwelling people: a pilot randomized controlled trial

Tiedemann A, O'Rourke S, Sesto R, Sherrington C.

Journals of gerontology. Series A: Biological sciences and medical sciences
2013; 68(9):1068-1075

ARTICLE IDENTIFIERS

DOI: 10.1093/gerona/glt087

PMID: 23825035

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 96657473

pISSN: 1079-5006

eISSN: 1758-535X

OCLC ID: 31425404

CONS ID: sn 94003969

US National Library of Medicine ID: 9502837

This article was identified from a query of the SafetyLit database.