

A pragmatic randomised trial of stretching before and after physical activity to prevent injury and soreness

Jamtvedt G, Herbert RD, Flottorp S, Odgaard-Jensen J, Håvelsrud K, Barratt A, Mathieu E, Burls A, Oxman AD.

British journal of sports medicine

2010; 44(14):1002-1009

ARTICLE IDENTIFIERS

DOI: 10.1136/bjism.2009.062232

PMID: 19525241

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 0306-3674

eISSN: 1473-0480

OCLC ID: 01021858

CONS ID: sc 76000389

US National Library of Medicine ID: 0432520

This article was identified from a query of the SafetyLit database.